

Bessel response accessor reacted beselves besides besselves besselves and the little of everyone free response



## COMPUTERIZATION OF NAVY OUTPATIENT MENTAL HEALTH CLINICS

M. W. CONGLETON

REPORT NO. 85-4





## **NAVAL HEALTH RESEARCH CENTER**

P.O. BOX 85122 SAN DIEGO, CALIFORNIA 92138-9174

NAVAL MEDICAL RESEARCH AND DEVELOPMENT COMMAND BETHESDA, MARYLAND

DISTRIBUTION STATEMENT A

Approved for public releases Distribution Unlimited

85\_04 29 140

## COMPUTERIZATION OF NAVY OUTPATIENT MENTAL HEALTH CLINICS

Michael W. Congleton

Environmental Medicine Department

Naval Health Research Center

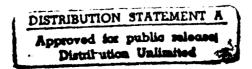
P.O. Box 85122

San Diego, California 92138-9174



To expedite communication of our research, this is a preprint of a paper which will appear in the 1985 Proceedings of the American Association for Medical Systems and Informatics.

Report No. 85-4 was supported by the Naval Medical Research and Development Command, Department of the Navy, under research Work Unit M0095-PN.001-1052. The views presented in this paper are those of the author. No endorsement by the Department of the Navy has been given or should be inferred.



#### SUMMARY

The Navy Mental Health Information System, NAMHIS is a comprehensive, automated recordkeeping and reporting system. It is designed to meet the needs of clinicians and administrators in Outpatient Navy Mental Health Clinics. The public domain version of the Computer Stored Ambulatory Record, COSTAR, was extensively modified to meet the software requirements of NAMHIS and covers the five system functions: (Patient Registration, Encounter Data, Patient History, Mental Status Examination, and Reporting Capability). Data collection forms have been developed, as well as standardized reports of individual patient/clinician consultations.

Acces	sion For										
NTIS	GRA&I										
DIEC TAB											
Unara	Unarmounced 🔲										
Justi	cication_										
	·· ···································										
By	Ву										
Distr	Distribution/										
Avai	lability	Codes									
	Avail and	l/or									
Dist	Special										
A-1											



### Introduction

The Navy Mental Health Information System (NAMHIS) has been developed to meet Outpatient Clinics, the requirements of clinicians and administrators in Navy mental health NAMHIS captures, stores, displays, and prints relevant, complete, and standardized information so that it is immediately accessible. Timely reports of patient consultations, management data, and medical audit and utilization review procedures prescribed by medical quality assurance and accreditation programs are produced by the system (1). The Computer Stored Ambulatory Record (COSTAR) software has been modified to serve as the vehicle for automation of NAMHIS and accommodate the necessary data elements of Navy outpatient mental health,

### NAMHIS Design and Development

Phase I of the NAMHIS project included needs assessment and system analysis. In this phase reporting requirements were analyzed and the need for a standardized Navy outpatient mental health reporting system was documented. The design and testing of a prototype recordkeeping system was subsequently completed at a Fleet Mental Health Support Unit (2,3). In Phase II the system was designed and specifications were generated. Data collection forms and an efficient system utilizing these instruments were developed, along with standardized reports of individual consultations and summary statistical reports involving entire clinic populations. The actual development of NAMHIS took place in Phase III. The Computer Stored Ambulatory Record (COSTAR) software was chosen as the vehicle for automating NAMHIS. The public domain version of COSTAR served as the starting point and has been extensively modified for use in Navy psychiatric outpatient settings. This modification was achieved through a team effort representing psychiatry, clinical psychology, mental health administration, and computer science. Every effort is being expended to make the system easy to use including the preparation of a users' reference manual tailored to NAMHIS characteristics. A set of job aids that facilitate the work flow in a fleet mental health support unit is also being provided.

#### NAMHIS System Description

NAMHIS includes five system functions: Patient Registration, Encounter Data, Patient History, Mental Status Examination, and Reporting Capability.

<u>Patient Registration</u>. The patient must be registered before any encounter data can be entered into the patient's medical record. A Patient Registration Form must be completed by each new patient (See Figure 1). This form contains

basic identifying information and demographic data. Only two registration data items require assistance from staff—the Suffix to Social Security Number and the patient's Enlisted Rating of Officer Category. The suffix is a two-digit CHAMPUS code that defines the patient's family position. For example, 20 means Uniformed Service Member (Sponsor). The Suffix and sponsor's Social Security Number constitute a unique patient identifier and is used as the unit number in COSTAR.

## MENTAL HEALTH CARE PATIENT REGISTRATION FORM

THIS FORM TO BE COMPLETED BY THE	E PATIENT. KESP	OND TO ALL	TIEMS. FLE	ASE PRIMI.
1. PATIENT NAME				
LAST NAME	FIRST NAN	Œ		M. (,
r. SEX	J. DATE C	F BIRTH		
□ (M) Male □ (F) Female	700.7	H / DAY -	_ /	_
1. DUTY STATION II DEPFNDENT or CIVILIAN, print he		<u> </u>	YEAR	
	<del></del>			
	:			
CITY		STATE	ZIP C	
. SOCIAL SECURITY NUMBER (SSN)	SSN SUFFIX (Office use.)	6. 10DAYS	DATE (Date of	Registration.)
	-	MONTH	DAY	VEAR T
. ETHNIC BACKGROUND		·		
(W) White		ilipino or Mala	-	
OR) Oriental	• •	lative America	n	
(H) Hispanic	(OT)	Other		
(B) Black	- <del></del>			
	5.40.5			
☐ (N) Never married ☐ (M F) Married first time	(S) S	•		
(M O) Married other than first	D (W) V			
. PATIENT STATUS				
□ (A) Active duty	(R) R	letired		
□ (D S) Dependent spouse	D (0) C			
☐ (D C) Dependent child				
. BRANCH OF SERVICE				<del></del>
(USN) USN or USNR	D (USC)	USCG		
(USM) USMC	D (0) 0	her/Does not	apply	
1. PAYGRADE OR RANK Check appropriate box.				<del></del>
If Dependent, check here (D)	If Nondeper	ndent Civilian,	check here [	J (CI)
O E1 O E2 O E3 O E4 O E	5 DE6	O E7 O	E8 🗆 E	9
OW1 OCW2 OCW3 OCW4				
001 002 003 004 00			08 🗆 0	010
2. DATE FIRST CAME ON ACTIVE DUTY Ignore if Dependent or Civilian.		RUIT TRAINING Dependent or		
MONTH / DAY / YEAR	D (Y)	Yes	(N) No	)
		<del></del>	- •	ependent or Civili

Figure 1

A table of Navy Enlisted Ratings and Officer Categories has been constructed in NAMHIS and tied to the COSTAR code for Item 14 on the Patient Registration Form. This feature makes it relatively easy to retrieve patient data for occupations considered at risk for psychiatric stress, an important capability for conducting Navy mental health research. The COSTAR registration prompt sequence in

## MENTAL HEALTH CARE INITIAL ENCOUNTER FORM

THIS SECTION TO BE COMPL.	ETED BY THE TEC	HNICIAN. ANSW	VER EACH ITEM.	PLEASE PRINT						
LVIIEM Howe										
LAST NAME		FIRST NAME		W. I.						
SEX	DATE OF BIRTH		DATE OF ENCOUNTE	R						
(M) Male (F) Female	(M) Male (F) Female			/						
CLINICIAN No. 3		CLINICIAN No. 2								
CODE:		CODE:								
SITE CODE Check only one.	<del></del>	<del></del>		<del></del>						
(A) NAS North Island		(D) NAS Mira	mer							
(B) Naval Station San Diego		(E) Sen Diego	Naval Hospital							
(C) Naval Training Center San Did	ego	(O) Other								
TYPE OF PRINCIPAL SERVICE PROVIDE	(Evaluation/Psychotherapy)	Check only one.								
(A) Suitability or fitness for duty		(H) Individual	therapy							
(B) Special program screening		(I) Group ther	• •							
(C) Psychometric testing		(J) Couple/fan	nily therapy							
(D) Fit for confinement		(K) Relaxation therapy								
(E) Medical Board		☐ (L) Other screening								
(F) Sanity hearing		(O) Other								
(G) NAB or RAB										
VISIT CLASSIFICATION										
(1) Routine initial visit		(3) Emergency initial visit (clinical)								
(2) 72 hr. initial visit		(4) Emergency initial visit (admin.)								
I. DATE CONSULT RECEIVED OR APPOIL	NTMENT REQUESTED (DC	R*)								
MONTH / DAY -	_/									
MONTH DAY  2. WHO REFERRED PATIENT TO PSYCH?			<del></del>	<del></del>						
☐ (A) Dispensary sick call		(E) Chaplain								
(B) Other medical service/Hospita	ıt	(F) Self								
(C) Command/Command sick call		(G) Legal Officer								
☐ (D) Brig/Brig sick call		(0°) Other:								
3. SPECIAL PROGRAM SCREENING Check	only one. (SPS- )									
☐ (A) None		(E) Deepfreeze	<b>)</b>							
(B) Submarine duty		(F) Company Commander or Drill Instructor								
(C) UDT, SEAL or Diving		(0°) Other:								
(D) PRP										
NHRC 6320 30.18 [05-84]		<del></del>								

[CONTINUE ON REVERSE]

Figure 2

MAMHIS follows the sequence of data items shown on the Patient Registration Form. This makes data entry straightforward, easy, and fast.

Encounter Data. Two forms are used in NAMHIS for collecting and entering encounter date--an Initial Encounter Form (see Figure 2) and a Follow-Up Encounter

I. PRECIPITATING PRUBLEMS AND SYMPTOMS Rate patient on appli	cable items by circling the appropriate number: 1 = Mild. 2 = Moderate
3 - Severe. It a problem or symptom is al Short Duration, write -8/ to	
DPR - 1 2 3 Depression	LN - 1 2 3 Loneliness
AXY - 1 2 3 Anxiety	SCID - 1 2 3 Suicide Ideation
DLP - 1 2 3 Disciplinary/Legal Problem	SGES - 1 2 3 Suicide Gesture
ALCA - 1 2 3 Alcohol Abuse DCB - 1 2 3 Drug Abuse	SCAT — 1 2 3 Suicide Attempt HCID — 1 2 8 Horestical Idention
ETD - 1 2 3 Eating Disorder	HBR — 1 2 3 Homicidal Behavior
SLD - 1 2 3 Sleep Disorder	MDN - 1 2 3 Moadiness
SXP - 1 2 3 Sexual Problem	NRV — 1 2 3 Nervousness
MFP — 1 2 3 Marital/Family Problem	TMP - 1 2 3 Temper Outbursts
IPM — 1 2 3 Interpersonal Problem PNL — 1 2 3 Problem with Nevy Life	EXW — 1 2 3 Excess Worry  CSP — 1 2 3 Crying Spells
PNL — 1 2 3 Problem with Nevy Life  JP — 1 2 3 Job Problem	LSE — 1 2 3 Loss of Energy/Interest
WD - 1 2 3 Wants Discharge	SLP - 1 2 3 Sleep Impairment
BB - 1 2 3 Bizarre Behavior	APT - 1 2 3 Appetite Impairment
SCP - 1 2 3 Sometic Complaint	PPO* - 1 2 3 Other:
HSK - 1 2 3 Homesickness	NPL Non Applicable
CODE: COMMENTS:	
CODE: COMMENTS:	<del></del>
CODE: COMMENTS:	
. SERVICE RECORD REVIEWED! (SRR- )	
□ (Y) Yes □ (N) No	□ (L) Lost or not accessible
. HEALTH RECORD REVIEWED! (HRR- )	
□ (Y) Yes □ (N) No	(L) Lost or not accessible
. CONSULT FORM REVIEWED? (CFR- )	
□ (Y) Yes □ (N) No	(L) Lost or not accessible
I. PRIMARY DIAGNOSIS	
AXIS1	AXIS 2 ·
CODE: COMMENTS:	
CODE: COMMENTS:	
). DISPOSITION Check only one. (DSP- )	
(Q) Fit for full duty (S) Unfit for duty	(U) Deferred
☐ (R) Unsuitable ☐ (T) Limited duty	□ (V) Dependent - does not apply
COMMENTS:	
B. RECOMMENDATION Check ALL that apply.	
ALCR	CHM CHAMPUS
DRGR Drug rehabilitation	ADSEP Administrative separation
CAAC CAAC	MB
	FSC Family Service Center
HSP Admit to hospital	•
OTX Return for outpatient treatment	NFU No follow-up indicated
FEVL Return for further evaluation	RCO* Other:
CODE: COMMENTS:	
CODE COMMENTS:	
1. SPECIAL PROGRAM SCREENING RESULTS Check one only. (SPSR	)· )
(A) Qualified	(C) Deferred
(B) Disqualified	(D) Does not apply
BRIEF COMMENTS (BRC*) For comments pertaining to particular Items,	list code fassociated comment.

Form. The Follow-Up Encounter Form contains a subset of data items collected during the initial encounter. Data items such as referral source and precipitating factors need only be collected during the first visit. Therefore, these items do not appear on the Follow-Up Encounter Form. The Encounter Forms are divided into a Technician Section and a Clinician Section. The Technician Section includes items that do not require a high level of clinical expertise to complete and leaves the clinician free to address those items necessitating the use of trained clinical judgment. With the patient completing the Registration Form, the responsibility for data collection is divided three ways thereby maximizing the resources available at a Fleet Mental Health Support Unit.

The clinician is required to record a primary diagnosis on the Encounter Form. This diagnosis is taken from the Diagnostic and Statistical Manual of Mental Disorders published by the American Psychiatric Association (DSM-III) (4). All DSM-III diagnoses have been added to the COSTAR Directory, and a translation directory containing these diagnoses and codes has been incorporated.

Patient History. A review of existing standardized patient history forms and consultation with Navy clinicians established criteria for the NAMHIS patient history module. Thoroughness and relevance for use in a Navy outpatient mental health facility was emphasized. The Patient History Form is divided into 11 sections typically considered important to a clinical interview: family history, childhood history, school history, interpersonal adjustment history, civilian arrests, past vocational history, prior psychiatric history, relevant medical history, drug/alcohol history, current marriage and family history, and military history. A complete patient history is easily and rapidly produced after the clinician responds to specific items and adds relevant textual comments.

Mental Status Examination. A standardized mental status examination (MSE) was developed for incorporation into the NAMHIS project (5). No existing MSE met the required functional specifications. However, the Missouri MSE was deemed suitable to use as a starting point and could be tailored to fit Navy needs by adding to the content and making revisions to the format. It was determined that all of the items in the Missouri MSE were appropriate and usable. However, several sections were considered incomplete for the intended purpose. Therefore, these sections were augmented to make the MSE more comprehensive and to provide the clinician with alternatives which describe more adequately the clinical situations encountered in the military environment. The NAMHIS MSE Form (see Figure 3) is divided

## MENTAL STATUS EXAMINATION NAVY MENTAL HEALTH INFORMATION SYSTEM (NAMHIS)

## NAVAL HEALTH RESEARCH CENTER SAN DIEGO, CALIFORNIA

		5,	111	DIEC	IO, GALI	TU	naia	NHR	C-65	20/3	10-5 [12-84]
PATIENT	NAME	_		_	<del></del>	_		SEX		_	
								_		_	
			_				<del></del>		M	_	) <b>F</b>
Lest		_	Fire				M. I.			_	
DATE OF	BIRTH	Ŧ'	DA	rE O	F ENCO	UN.	IER	SITE	COD	2	
	, ,				,		,	В			
Month	Dey Year	1	M	on th	<u> </u>	D	Year Year				
CLINICIA	NAME		_					TYPE	COL	Œ	
			<u>.</u>					M			
Lest			Firs				<del> </del>	L			
	SSIFICATION				_						
D 1.1	ROUTINE INITIAL VISIT				L	. 4	. EMERGENCY INITIAL VISI	T (AE	MIN	1.}	
D 2.3	72-HOUR INITIAL VISIT					) 1	. ROUTINE FOLLOW-UP VIS	T			
3. 8	EMERGENCY INITIAL VISIT (CLINIC	CAL	-)			) (	. EMERGENCY FOLLOW-UP	VISIT	,		
	<i>lf not 'normal,' ra</i> 1 = W 2 = M	te (i ILB OD	0/1 ER	the I TO I	<i>followin</i> A SMAL I / TO S	g si L I	go to the next section.  cale) pertinent items only.  EXTENT  IE EXTENT  AT EXTENT				<u> </u>
1	GENERAL APPEARANCE (NORMAL)	ι		)	3	37	PUSH OF SPEECH		1	2	3
-	CIAL EXPRESSION:		_			18	PRESSURED		1	2	3
2 3	CALM CHEERFUL	1	2	3	_	10 10	SLOWED RAPID		•	2	3
4	SAD	i	2	3		~  1	HESITANT		i	2	3
5	EXPRESSIONLESS	1	2	3	4	12	LOUD		1	2	3
6	HOSTILE	1	_	3			SOFT		1	2	3
7	WORRIED	1	3	3		14	MUTE		1	2	3
8	FRIGHTENED PERPLEXED	1	2	3		15 16	SLURRED STUTTERING		•	2	3
10	PREOCCUPIED	i	2	3		17	INCOHERENT		i	2	3
11	PERSPIRING	1	2	3		18	ECHOLALIA		1	2	3.
12	AVOIDS GAZE	1	2	3	4	19	OTHER:				
13	APPEARS YOUNGER	1	2	3						_	<del>.</del>
14 DRE	APPEARS OLDER	,	2	3	_	101 11	INTERVIEW BEHAVIOR (NORM ANGRY OUTBURSTS	IALI		2	3
15	METICULOUS	1	2	3	_		IRRITABLE		i	2	3
16	CLOTHING, HYGIENE POOR	1	2	3	_	_	TENSE		1	2	3
17	WELL GROOMED	1	2	3	5	14	IMPULSIVE		1	2	3
18	ECCENTRIC	1	2	3	_	5	HOSTILE		1	2	3
19 20	SEDUCTIVE OTHER:	1	2	3	_	i6 :7	COMBATIVE SILLY		1	2	3
20	OTHER:						SENSITIVE		i	2	3
21	MOTOR ACTIVITY (NORMAL)	[		1	5		APATHETIC		1	2	3
22	INCREASED AMOUNT	1	2		6	0	WITHDRAWN		1	2	3
23	DECREASED AMOUNT	1	3			1	EVASIVE		1	2	3
24 26	AGITATION TICS		2				GUARDED			2	
	TREMOR		2				PASSIVE			2	
	PECULIAR POSTURING		2		-		AGGRESSIVE			2	
	UNUSUAL GAIT		2				NAIVE			2	
	REPETITIVE ACTS	1	2	3			OVERLY DRAMATIC			2	
30	OTHER.						MANIPULATIVE DEPENDENT			2	
31	SPEECH (NORMAL)	1		1	_	-	COOPERATIVE		-	2	-
	LOGICAL		2				UNCOOPERATIVE			2	
	COHERENT		2		-	_	DEMANDING			2	
	ARTICULATE EXCESSIVE AMOUNT		2		-	-	NEGATIVISTIC CALLOUS			2	
	REDUCED AMOUNT		2		-		OTHER		•	-	-

76	FLOW OF THOUGHT (NORMAL)	£			3	136	DELUSIONS OF PERSECUTION	1	2	2 3
77	GOAL DIRECTED	i	2			137	DELUSIONS OF GRANDEUR	1	2	3
78	BLOCKING	i	2				DELUSIONS OF REFERENCE			3
79	SPONTANEITY	1	2		3	139	DELUSIONS OF INFLUENCE	1	2	3
80	CIRCUMSTANTIAL	_	2		_		SOMATIC DELUSIONS			3
81	TANGENTIAL	1	2		3	141		1	2	3
82	PERSEVERATION	-	2		_	• • • •				
83	FLIGHT OF IDEAS	_	2		_	142	SYSTEMATIZED DELUSIONS	1	2	3
-	RAMBLING		2			143	• • • • • • • • • • • • • • • • • • • •	٠	-	_
86	LOOSE ASSOCIATION	-	2		-	173	VIII.			
86	INDECISIVE	-	2			144	ORIENTATION (NORMAL)	1		7
27	DISTRACTIBLE		2			145		_		3
MA		_	2		-					3
	ILLOGICAL	1	Z		3	146				
89	OTHER:					147		•	2	3
90	MOOD AND AFFECT (NOOMAL)	<del></del>		_	-	148	OTHER:			
90	MOOD AND AFFECT (NORMAL)	į			}					
	DEPRESSED MOOD		2		_	149		ĺ		1
92	ANXIOUS MOOD		2			150	ALERT	•	2	•
93	EXPANSIVE MOOD		2			151	CLOUDING OF CONSCIOUSNESS		2	-
94	ELEVATED MOOD		2			152			2	-
95	SAD AFFECT	-	2		_	153	• • • • • • • •	-	2	-
96	INAPPROPRIATE AFFECT		2			154			2	_
97	FLAT AFFECT	-	2		-	155	POOR IMMEDIATE RECALL	1	-	_
96	CONSTRICTED AFFECT		2			156		-	2	_
90	BLUNT AFFECT		2			157	POOR RECENT MEMORY	1	2	3
100	SHALLOW AFFECT	1	2	:	3	158	GOOD REMOTE MEMORY	1	2	3
101	EUPHORIC AFFECT	1	2	:	3	159	POOR REMOTE MEMORY	1	2	3
102	LABILE AFFECT	1	2	:	3	160	DIGIT SPAN DONE POORLY	1	2	3
103	OTHER:					161	CONFABULATION	1	2	3
					_	162	OTHER:			
104	SUICIDE (ABSENT)	ı		1	)					
105	THOUGHTS	1	2		3	163	INTELLECT (NORMAL)	ı		1
106	PLANS	1	2	:	3	164	INTELLECT ABOVE NORMAL	1	2	3
107	OTHER:					165	INTELLECT BELOW NORMAL	1	2	3
					_	166	PAUCITY OF KNOWLEDGE	1	2	3
108	HOMICIDE (ABSENT)	1		1	1	167	VOCABULARY POOR	1	2	3
109	THOUGHTS	-	2			168	SERIAL SEVENS DONE POORLY		2	
110	PLANS		2			169	ABLE TO ABSTRACT		2	
111	OTHER:	•	-	•		170	POOR ABSTRACTION		2	-
•••	V					171	OTHER:	٠	-	•
112	CONTENT OF THOUGHT (NORMAL)	- 1		1	_		VIII.			
113	ASSAULTIVE IDEAS		2			172	INSIGHT & JUDGMENT (NORMAL)			1
114	ANTISOCIAL ATTITUDES		2				GOOD INSIGHT		2	
115	SUSPICIOUSNESS	-	2	-	-	174			2	-
116	POVERTY OF CONTENT		2			175	- ·		2	
117	PHOBIAS	-	2	_	-				2	_
11/ 11 <b>R</b>	OBSESSIONS/COMPULSIONS					176	POOR JUDGMENT		_	-
			2			177	GOOD IMPULSE CONTROL	-	2	_
119	FEELINGS OF UNREALITY		2	-		178			2	_
120	FEELS PERSECUTED	-	2		-	179	DENIAL	1	2	3
121	THOUGHTS OF RUNNING AWAY		2			180	UNREALISTIC REGARDING DEGREE	_	_	
122	SOMATIC COMPLAINTS		2				OF ILLNESS		2	_
123	IDEAS OF GUILT		2			181	DOES NOT KNOW WHY S/HE IS HERE			
124	IDEAS OF HOPELESSNESS		2			182		1		
125	IDEAS OF WORTHLESSNESS		2			183		1	-	-
26	EXCESSIVE RELIGIOSITY		2	_		184	MOTIVATED FOR NAVY		2	-
27	SEXUAL PREOCCUPATION	1	2	3	?	185	UNMOTIVATED FOR NAVY	۶	2	3
28	BLAMES OTHERS	1	2	3	3	186	OTHER:			
29	DEPERSONALIZATION	1	2	3	3					_
:30	DEREALIZATION	1	2	3	,	СОММ	ENTS: (BRC)			
31	ILLUSIONS PRESENT	1	2	3	1	•	• •			
.31				_						
	AUDITORY HALLUCINATIONS	1	2	-	,					
132 133	AUDITORY HALLUCINATIONS VISUAL HALLUCINATIONS		2							
132		1		3	ì					

NHRC-6520/30-5 [12-84]

Figure 3

to 14 sections: general appearance, motor activity, speech, interview behavior, ow of thought, mood and affect, suicide, homicide, content of thought, orienta-on, memory, intellect, insight and judgment, and comments. Each section is degreed to encompass aspects of behavior found in the customary mental status report

and to adequately describe observations of the patient. An index of severity for items within a section was achieved by assigning each item a numerical modifier of 1, 2, or 3. If all items within a section are within normal limits, the clinician can select the "Normal" alternative and continue to the next area being evaluated. If the items within a section do not adequately describe the clinical situation, the "Other" category can be selected and the appropriate term or narrative description added.

Reporting Capability. Both standardized and user-defined reports are available within NAMHIS including individual patient reports and statistical reports aggregated across multiple patients.

Individual patient reports include a printout of the patient's history, a display of the patient's registration, a Report of Consultation, and a Mental Status Examination report. The Report of Consultation serves two purposes: (1) it serves as a report to the referral source by presenting an essential distillation of the mental health consultation; and (2) it provides hard copy documentation of the patient's visit for clinic files and for the patient's medical record. The patient history and Mental Status Examination are attached to the Report of Consultation and become a permanent part of the patient's medical record.

Besides these individual patient reports, NAMHIS generates summary statistical reports involving the entire patient population of a clinic. Each clinic's patient population characteristics (e.g., demographics, presenting problems, treatment needs) is helpful to clinic managers in deciding policy, selecting personnel, and designing treatment programs. The three statistical reports used by Navy administrators of mental health care services are the Monthly Managerial Report, the Monthly Outpatient Morbidity Report, and the Monthly Quality Assurance Report.

#### Future Plans

NAMHIS has been implemented initially in one clinic in the San Diego region. After test and evaluation of the system in this operational environment, any needed modifications will be made to insure that NAMHIS functions as intended. Following this milestone, implementation of NAMHIS will be considered for all clinics in the San Diego region. Ultimately, it is expected that NAMHIS will be recommended for Navywide implementation.

### REFERENCES

- Chaffee, R. B., Sears, J. J. T. The need for a comprehensive mental health information system: I. Data requirements of local clinicians and administrators in Navy psychiatry. Naval Health Research Center, San Diego, California, Report No. 80-19, 1980.
- Chaffee, R. B. Development of a standard Navy outpatient reporting system,
  Naval Health Research Center, San Diego, California, Report No. 81-31,
  1981.
- Chaffee, R. B., Bally, R. E. Mental health care in a fleet mental health support unit. Naval Health Research Center, San Diego, California, Report No. 82-17, 1982.
- Diagnostic and Statistical Manual of Mental Disorders (Third Edition):

  DSM-III. Washington, D.C.: American Psychiatric Association, 1980.
- Congleton, M.W., Glogower, F., Baker, G.D. The Navy Mental Health Information

  System Mental Status Examination: Development and Use. Naval Health

  Research Center, San Diego, California, Report No. 83-36, 1984.

SECURITY CLASSIFICATION OF THIS PAGE (When Date Entered)

REPORT DOCUMENTATION PAGE	READ INSTRUCTIONS BEFORE COMPLETING FORM				
1. REPORT NUMBER 2. GOVT ACCESSION NO. 85-4	3. RECIPIENT'S CATALOG NUMBER				
4. TITLE (and Subtitle) COMPUTERIZATION OF NAVY OUTPATIENT MENTAL HEALTH CLINICS	5. Type of Report 4 Period Covered Interim				
	6. PERFORMING ORG. REPORT NUMBER				
7. AUTHOR(s)	8. CONTRACT OR GRANT NUMBER(*)				
Michael W. Congleton					
9. PERFORMING ORGANIZATION NAME AND ADDRESS Naval Health Research Center	10. PROGRAM ELEMENT, PROJECT, TASK AREA & WORK UNIT NUMBERS				
P. O. Box 85122 San Diego, CA 92138-9174	M0095-PN.001-1052				
11. CONTROLLING OFFICE NAME AND ADDRESS  Naval Medical Research & Development Command	12. REPORT DATE January 1985				
Naval Medical Command, National Capital Region Bethesda, MD 20814-5044	13. NUMBER OF PAGES				
14. MONITORING AGENCY NAME & ADDRESS(if different from Controlling Office) Commander, Naval Medical Command Department of the Navy	15. SECURITY CLASS. (of this report) UNCLASSIFIED				
Washington, DC 20372	15a. DECLASSIFICATION/DOWNGRADING SCHEDULE				

16. DISTRIBUTION STATEMENT (of this Report)

Approved for public release; distribution unlimited.

17. DISTRIBUTION STATEMENT (of the abstract entered in Block 20, if different from Report)

Approved for public release; distribution unlimited.

18. SUPPLEMENTARY NOTES

To be presented at the American Association for Medical Systems and Informatics San Francisco, CA  $\,\,$  20-22 May 1985

19. KEY WORDS (Continue on reverse side if necessary and identify by block number)

Computerization Mental Health Clinics Navy Outpatient Clinics Navy Mental Health Information System

The Navy Mental Health Information System, NAMHIS is a comprehensive, automated recordkeeping and reporting system. It is designed to meet the needs of clinicians and administrators in Outpatient Navy Mental Health Clinics. The public domain version of the Computer Stored Ambulatory Record, COSTAR, was extensively modified to meet the software requirements of NAMHIS and covers the five system functions: Patient Registration, Encounter Data, Patient History, Mental Status Examination and Reporting Capability. Data collection forms have been developed, as well as standardized reports of individual patient/clinician

WOUGET AL GUVENNMENT FARENSE

# END

# FILMED

6-85

DTIC